FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* VARET ELIZEBETH R					uer Name and Tick IETEK INC/			Symbol			tionship of Reportin all applicable) Director	,	n(s) to Issuer	
(Last) (First) (Middle) P.O. BOX 287440					te of Earliest Trans	action (Month	n/Day/Year)			Officer (give title below)	Other below)	(specify)	
(Street) NEW YORK (City)	NY (State)	10128-7 (Zip)	440	4. If A	Amendment, Date o	of Origin	al File	d (Month/Day		. Indiv ine) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Table I - No	on-Deriva	tive	Securities Acc	quirec	l, Di	sposed of	or Be	nefici	ally (Owned		
			2. Transacti Date (Month/Day/		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			i 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
						Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock			03/06/20)14		M		1,000	A	\$14.5	378	122,490	D	
Common Stock			03/06/20)14		S		1,000	D	\$53.	75	121,490	D	
Common Stock 03/07/20)14		M		1,000	A	\$14.5	378	122,490	D			
Common Stock			03/07/20)14		S		1,000	D	\$54.2	601	121,490	D	
Common Stock												205,809	I	By Trust ⁽¹⁾
Common Stock												1,950	I	By Adult Child ⁽²⁾
Common Stock												67,500	I	By Trust ⁽³⁾
Common Stock												4,050	I	By Adult Child ⁽⁴⁾
		Table II	- Derivati	ve S	ecurities Acqu	uired,	Disp	osed of, o	or Ben	eficial	ly O	wned		

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D)		6. Date Exerc Expiration Day/\(\text{Month/Day/\}\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(Instr. 3, 4 and 5)		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Stock Option	\$14.5378	03/06/2014		M			1,000	(5)	04/22/2016	Common Stock	1,000	\$0	3,820	D	
Stock Option	\$14.5378	03/07/2014		М			1,000	(5)	04/22/2016	Common Stock	1,000	\$0	2,820	D	
Stock Option	\$19.5867							(6)	04/28/2017	Common Stock	7,582		7,582	D	
Stock Option	\$29.8267							(7)	05/02/2018	Common Stock	4,050		4,050	D	
Stock Option	\$34.0467							(8)	04/30/2019	Common Stock	4,725		4,725	D	
Stock Option	\$30.74							(9)	07/25/2019	Common Stock	1,570		1,570	D	
Stock Option	\$41.74							(10)	05/07/2020	Common Stock	5,190		5,190	D	

Explanation of Responses:

- 1. Held by trust of which the reporting person is a co-trustee or co-beneficiary.
- 2. The reporting person is a managing member of the limited liability company which holds the securities for the benefit of the reporting person's adult child. The reporting person disclaims any beneficial ownership of these securities.
- 3. These shares are held in a trust for the benefit of the reporting person's spouse. The reporting person disclaims beneficial ownership of these securities.

- 4. The reporting person has a power of attorney over the securities. The reporting person disclaims beneficial ownership of these securities.
- $5. \ The \ stock \ options \ will \ become \ exercisable \ in \ four \ equal \ annual \ installments \ beginning \ on \ April \ 23, \ 2010.$
- 6. The stock options will become exercisable in four equal annual installments beginning on April 29, 2011.
- $7. \ The \ stock \ options \ will \ become \ exercisable \ in \ four \ equal \ installments \ beginning \ on \ May \ 3, \ 2012.$
- 8. The stock options will become exercisable in four equal installments beginning on May 1, 2013.
- 9. The stock options will become exercisable in four equal annual installments beginning on July 26, 2013.
- $10. \ The \ stock \ options \ will \ become \ exercisable \ in \ four \ equal \ annual \ installments \ beginning \ on \ May \ 8, \ 2014.$

/s/Kathryn E. Sena, attorneyin-fact for Ms. Varet

03/07/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.